



Lawrence Shulman

Lawrence Shulman is Professor of Social Work at the State University of New York (SUNY) at Buffalo. He is also director of the UB Center for the Study and Prevention of School Violence. He has had his own direct practice, usually with single parent, married couple's groups and persons with AIDS in recovery from substance abuse. He has done extensive research on the core helping skills in social work practice, supervision, and child welfare. Dr. Shulman is a training consultant in direct practice, family work, group work, supervision, field instruction, classroom teaching, administration, residential treatment and the skills of working with other professionals. He has published numerous articles and monographs on direct practice and is the author of 14 books. These include: *The Skills of Helping Individuals, Families and Groups*, 5th Edition, 2006, Thomson Publishers; *Mutual Aid Groups, Vulnerable Populations and the Life Cycle*, 3rd Edition, 2005 (coedited with Dr. Alex Gitterman), Columbia University Press; and *Teaching the Helping Skills -- A Field Instructor's Guide*, 2nd Edition, 1993, Council on Social Work Education. He has also produced training videotapes on direct practice and field instruction distributed by Insight Media, www.insightmedia.com.

Dr. Shulman was the author of the entry on supervision in the last two editions of the *Social Work Encyclopedia* (National Association of Social Workers Press) and has authored the entry in the current edition (in press). He has also authored a book entitled *Interactional Supervision*, published in 1993 by the National Association of Social Workers Press.



Alex Gitterman

Alex Gitterman is a Professor at the University of Connecticut School of Social Work. Previously, he was Professor and former Associate Dean at the Columbia University School of Social Work. Prior employment includes serving as a youth worker, a supervisor of program for adolescents, the director of a settlement house, and field instructor of a student unit. Alex has published: *Mutual Aid, Vulnerable and Resilient Populations, and the Life Cycle*, Third Edition, (co-editor 2005); *The Handbook of Social Work Practice with Vulnerable and Resilient Populations*, Second Edition, (2001) which has won the Robert Wood Johnson Award for excellence in end of life content; *The Life Model of Social Work Practice: Advances in Theory and Practice*, Second Edition (co-author, 1996); *Mutual Aid Groups, Vulnerable Populations, and the Life Cycle*, Second Edition (co-editor 1994); *The Handbook of Social Work Practice with Vulnerable Populations* (editor, 1991); *Mutual Aid Groups and the Life Cycle* (co-editor, 1986); *Public Health Social Work in Maternal and Child Health: A Forward Plan* (co-editor 1986); and *The Life Model of Social Work Practice* (co-author, 1980) which is on the Columbia University Press all-time best-seller list in social work. Books in progress include *Encyclopedia of Social work with Groups* (co-editor), *The Process and Skills of Field Instruction: Empowering Student Learning* (co-author), and *The Life Model of Social Work Practice: Advances in Theory and Practice*, Third Edition.

Alex is the Editor of a series for Columbia University Press on the subject of Helping Empower the Powerless. He has published articles on social work practice, social work with groups, field instruction, supervision, organizational behavior and teaching. He also directed a federally funded project on the training of social workers for leadership in the field of maternal and child health from 1980 to 1997. He served as the President and currently serves on the board of the Association for the Advancement of Social Work with Groups, an international professional organization.