Mentor Program

A mutually beneficial relationship between alumni and MSW students!

The Building Blocks to Being a Successful Mentor

# Mentor

* Takes on a variety of roles like coach, sponsor, guide, role model, and teacher.
* Empower and celebrate mentees by highlighting gifts, strengths, and potential.
* Offer guidance, advice, support, and information.
* Demonstrate social work engagement skills.

# Mentee

* The top 3 benefits: professional networking, life skills, and learning social work perspectives.
* Needs a space to think, reflect, learn, grow, and be themselves.
* Learns by example: may feel unsure or nervous at the start…

# Collaboratively

* Invest in the initial engagement: reach out, be approachable, offer choice.
* Make a plan and re-visit it regularly
* Build a trustworthy, collaborative, safe, and open relationship.
* Be Curious about Motivation: What led you to social work? What is your best hope for our relationship?

# Informative Quotations:

“90% of mentors and 84% of mentees believe the UBSSW Mentoring Program has great potential to strengthen the relationship between the school and social work community”

“Nearly 70% of mentees engage in informal conversations and meetings with their mentors”